

# PL VLB & B 26: Session: 2: COACH evaluation sheet for TEAM: KAZS

Coachinfo: Warming up from: 13:20 untill 14:25. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Geelen Sofie HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

| Event number: 10: 100M FREESTYLE WOMEN 11+           |           |           |           |           | Heat:2, starttime: 14:35            |
|------------------------------------------------------|-----------|-----------|-----------|-----------|-------------------------------------|
| Heat: 2/12 Lane : 2 Athlete: SMEKENS ELLA            |           |           |           |           | Q-time: 01:15:73                    |
| PB (25m pool): 01:18.55 Heist-op-den-Berg 10/01/2026 |           |           |           |           | PB (50m pool): 01:15.73 SB: no time |
|                                                      | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M   |                                     |
| PB                                                   |           | 00:37.31  |           | 01:18.55  |                                     |
|                                                      | 00:37.31  |           | 00:41.24  |           |                                     |
|                                                      | . . . . . | . . . . . | . . . . . | . . . . . |                                     |

Coach feedback:

| Event number: 10: 100M FREESTYLE WOMEN 11+           |           |           |           |           | Heat:2, starttime: 14:35            |
|------------------------------------------------------|-----------|-----------|-----------|-----------|-------------------------------------|
| Heat: 2/12 Lane : 3 Athlete: LEMBRECHTS KAAAT        |           |           |           |           | Q-time: 01:15:14                    |
| PB (25m pool): 01:16.72 Heist-op-den-Berg 10/01/2026 |           |           |           |           | PB (50m pool): 01:15.14 SB: no time |
|                                                      | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M   |                                     |
| PB                                                   |           | 00:36.22  |           | 01:16.72  |                                     |
|                                                      | 00:36.22  |           | 00:40.50  |           |                                     |
|                                                      | . . . . . | . . . . . | . . . . . | . . . . . |                                     |

Coach feedback:

| Event number: 10: 100M FREESTYLE WOMEN 11+   |           |           |           |           | Heat:2, starttime: 14:35            |
|----------------------------------------------|-----------|-----------|-----------|-----------|-------------------------------------|
| Heat: 2/12 Lane : 4 Athlete: DEXTERS MILA    |           |           |           |           | Q-time: 01:14:35                    |
| PB (25m pool): 01:15.91 Herentals 09/05/2026 |           |           |           |           | PB (50m pool): 01:14.35 SB: no time |
|                                              | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M   |                                     |
| PB                                           |           | 00:37.51  |           | 01:15.91  |                                     |
|                                              | 00:37.51  |           | 00:38.40  |           |                                     |
|                                              | . . . . . | . . . . . | . . . . . | . . . . . |                                     |

Coach feedback:

# PL VLB & B 26: Session: 2: COACH evaluation sheet for TEAM: KAZS

| Event number: 10: 100M FREESTYLE WOMEN 11+ |          |          |          |          | Heat:5, starttime: 14:41            |
|--------------------------------------------|----------|----------|----------|----------|-------------------------------------|
| Heat: 5/12 Lane : 7 Athlete: VANSINA ELLE  |          |          |          |          | Q-time: 01:08:00                    |
| PB (25m pool): 01:08.00 LEUVEN 21/12/2025  |          |          |          |          | PB (50m pool): 01:09.44 SB: no time |
|                                            | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                     |
| PB                                         |          | 00:32.77 |          | 01:08.00 |                                     |
|                                            | 00:32.77 |          | 00:35.23 |          |                                     |
|                                            | .....    | .....    | .....    | .....    |                                     |

Coach feedback:

| Event number: 10: 100M FREESTYLE WOMEN 11+   |          |          |          |          | Heat:5, starttime: 14:41            |
|----------------------------------------------|----------|----------|----------|----------|-------------------------------------|
| Heat: 5/12 Lane : 8 Athlete: LEMBRECHTS SIEN |          |          |          |          | Q-time: 01:08:77                    |
| PB (25m pool): 01:09.31 Mol 28/12/2025       |          |          |          |          | PB (50m pool): 01:08.77 SB: no time |
|                                              | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                     |
| PB                                           |          | 00:33.29 |          | 01:09.31 |                                     |
|                                              | 00:33.29 |          | 00:36.02 |          |                                     |
|                                              | .....    | .....    | .....    | .....    |                                     |

Coach feedback:

| Event number: 10: 100M FREESTYLE WOMEN 11+          |          |          |          |          | Heat:7, starttime: 14:44            |
|-----------------------------------------------------|----------|----------|----------|----------|-------------------------------------|
| Heat: 7/12 Lane : 8 Athlete: GERARD CARYS           |          |          |          |          | Q-time: 01:06:10                    |
| PB (25m pool): 01:06.10 Zwembad De Motte 14/07/2026 |          |          |          |          | PB (50m pool): 01:06.85 SB: no time |
|                                                     | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                     |
| PB                                                  |          | 00:31.98 |          | 01:06.10 |                                     |
|                                                     | 00:31.98 |          | 00:34.12 |          |                                     |
|                                                     | .....    | .....    | .....    | .....    |                                     |

Coach feedback:

| Event number: 10: 100M FREESTYLE WOMEN 11+           |          |          |          |          | Heat:9, starttime: 14:47            |
|------------------------------------------------------|----------|----------|----------|----------|-------------------------------------|
| Heat: 9/12 Lane : 5 Athlete: GYPEN KAAAT             |          |          |          |          | Q-time: 01:03:67                    |
| PB (25m pool): 01:03.67 Heist-op-den-Berg 10/01/2026 |          |          |          |          | PB (50m pool): 01:04.80 SB: no time |
|                                                      | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                     |
| PB                                                   |          | 00:30.96 |          | 01:03.67 |                                     |
|                                                      | 00:30.96 |          | 00:32.71 |          |                                     |
|                                                      | .....    | .....    | .....    | .....    |                                     |

Coach feedback:

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| Event number: 10: 100M FREESTYLE WOMEN 11+      |          |          |          |          | Heat:10, starttime: 14:49           |
|-------------------------------------------------|----------|----------|----------|----------|-------------------------------------|
| Heat: 10/12 Lane : 4 Athlete: ASSCHERICKX CHLOé |          |          |          |          | Q-time: 01:02:13                    |
| PB (25m pool): 01:02.13 LEUVEN 23/11/2025       |          |          |          |          | PB (50m pool): 01:02.67 SB: no time |
|                                                 | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                     |
| PB                                              |          | 00:29.99 |          | 01:02.13 |                                     |
|                                                 | 00:29.99 |          | 00:32.14 |          |                                     |
|                                                 | .....    | .....    | .....    | .....    |                                     |

Coach feedback:

| Event number: 10: 100M FREESTYLE WOMEN 11+   |         |         |       |          | Heat:12, starttime: 14:52           |
|----------------------------------------------|---------|---------|-------|----------|-------------------------------------|
| Heat: 12/12 Lane : 4 Athlete: WOUTERS BRIANA |         |         |       |          | Q-time: 00:56:57                    |
| PB (25m pool): 00:56.57 Aarschot 27/07/2026  |         |         |       |          | PB (50m pool): 00:57.70 SB: no time |
|                                              | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                     |
| PB                                           |         | no time |       | 00:56.57 |                                     |
|                                              | no time |         |       |          |                                     |
|                                              | .....   | .....   | ..... | .....    |                                     |

Coach feedback:

| Event number: 11: 200M MEDLEY MEN 11+    |          |          |          |          |          | Heat:6, starttime: 15:12            |          |          |
|------------------------------------------|----------|----------|----------|----------|----------|-------------------------------------|----------|----------|
| Heat: 6/9 Lane : 4 Athlete: VOET LARS    |          |          |          |          |          | Q-time: 02:27:06                    |          |          |
| PB (25m pool): 02:27.12 Temse 17/11/2025 |          |          |          |          |          | PB (50m pool): 02:27.06 SB: no time |          |          |
|                                          | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0    | 1 2 5    | 1 5 0                               | 1 7 5    | 2 0 0 M  |
| PB                                       |          | 00:30.67 |          | 01:09.43 |          | 01:52.24                            |          | 02:27.12 |
|                                          | 00:30.67 |          | 00:38.76 |          | 00:42.81 |                                     | 00:34.88 |          |
|                                          | .....    | .....    | .....    | .....    | .....    | .....                               | .....    | .....    |

Coach feedback:

| Event number: 11: 200M MEDLEY MEN 11+   |          |          |          |          |          | Heat:6, starttime: 15:12            |          |          |
|-----------------------------------------|----------|----------|----------|----------|----------|-------------------------------------|----------|----------|
| Heat: 6/9 Lane : 6 Athlete: VETS WANNES |          |          |          |          |          | Q-time: 02:28:05                    |          |          |
| PB (25m pool): 02:28.05 Mol 28/12/2025  |          |          |          |          |          | PB (50m pool): 02:34.10 SB: no time |          |          |
|                                         | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0    | 1 2 5    | 1 5 0                               | 1 7 5    | 2 0 0 M  |
| PB                                      |          | 00:30.70 |          | 01:08.73 |          | 01:55.39                            |          | 02:28.05 |
|                                         | 00:30.70 |          | 00:38.03 |          | 00:46.66 |                                     | 00:32.66 |          |
|                                         | .....    | .....    | .....    | .....    | .....    | .....                               | .....    | .....    |

Coach feedback:

# PL VLB & B 26: Session: 2: COACH evaluation sheet for TEAM: KAZS

| Event number: 11: 200M MEDLEY MEN 11+           |           |           |           |                                    |           |           | Heat:7, starttime: 15:15 |           |
|-------------------------------------------------|-----------|-----------|-----------|------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 7/9    Lane : 3    Athlete: WILLEM ARTHUR |           |           |           |                                    |           |           | Q-time: 02:25:25         |           |
| PB (25m pool): 02:25.25    Aarschot 26/04/2026  |           |           |           | PB (50m pool): 02:39.24SB: no time |           |           |                          |           |
|                                                 | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                              | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                              |           | 00:31.08  |           | 01:07.62                           |           | 01:52.55  |                          | 02:25.25  |
|                                                 | 00:31.08  |           | 00:36.54  |                                    | 00:44.93  |           | 00:32.70                 |           |
|                                                 | . . . . . | . . . . . | . . . . . | . . . . .                          | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 11: 200M MEDLEY MEN 11+          |           |           |           |                                    |           |           | Heat:8, starttime: 15:18 |           |
|------------------------------------------------|-----------|-----------|-----------|------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 8/9    Lane : 1    Athlete: VETS SIEBE   |           |           |           |                                    |           |           | Q-time: 02:23:06         |           |
| PB (25m pool): 02:23.06    Aarschot 26/04/2026 |           |           |           | PB (50m pool): 02:30.28SB: no time |           |           |                          |           |
|                                                | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                              | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                             |           | 00:31.23  |           | 01:08.55                           |           | 01:51.55  |                          | 02:23.06  |
|                                                | 00:31.23  |           | 00:37.32  |                                    | 00:43.00  |           | 00:31.51                 |           |
|                                                | . . . . . | . . . . . | . . . . . | . . . . .                          | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 11: 200M MEDLEY MEN 11+          |           |           |           |                                    |           |           | Heat:8, starttime: 15:18 |           |
|------------------------------------------------|-----------|-----------|-----------|------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 8/9    Lane : 7    Athlete: DE WITTE LEO |           |           |           |                                    |           |           | Q-time: 02:22:93         |           |
| PB (25m pool): 02:22.93    Aarschot 26/04/2026 |           |           |           | PB (50m pool): 02:24.83SB: no time |           |           |                          |           |
|                                                | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                              | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                             |           | 00:30.33  |           | 01:06.50                           |           | 01:50.57  |                          | 02:22.93  |
|                                                | 00:30.33  |           | 00:36.17  |                                    | 00:44.07  |           | 00:32.36                 |           |
|                                                | . . . . . | . . . . . | . . . . . | . . . . .                          | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 12: 100M BREASTSTROKE WOMEN 13+   |           |           |                                     |           | Heat:2, starttime: 15:26 |
|-------------------------------------------------|-----------|-----------|-------------------------------------|-----------|--------------------------|
| Heat: 2/4    Lane : 1    Athlete: DEVUE ROSALIE |           |           |                                     |           | Q-time: 01:25:61         |
| PB (25m pool): 01:25.61    LEUVEN 23/11/2025    |           |           | PB (50m pool): 01:28.02 SB: no time |           |                          |
|                                                 | 2 5 M     | 5 0 M     | 7 5 M                               | 1 0 0 M   |                          |
| PB                                              |           | 00:40.27  |                                     | 01:25.61  |                          |
|                                                 | 00:40.27  |           | 00:45.34                            |           |                          |
|                                                 | . . . . . | . . . . . | . . . . .                           | . . . . . |                          |

Coach feedback:

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| Event number: 13: 200M BACKSTROKE MEN 13+          |           |           |           |                                    |           |           | Heat:1, starttime: 16:02 |           |
|----------------------------------------------------|-----------|-----------|-----------|------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 1/3 Lane : 4 Athlete: ASSCHERICKX SEBASTIAAN |           |           |           |                                    |           |           | Q-time: 02:30:42         |           |
| PB (25m pool): 02:30.42 Aarschot 26/04/2026        |           |           |           | PB (50m pool): 02:32.04SB: no time |           |           |                          |           |
|                                                    | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                              | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                                 |           | 00:35.91  |           | 01:14.43                           |           | 01:53.14  |                          | 02:30.42  |
|                                                    | 00:35.91  |           | 00:38.52  |                                    | 00:38.71  |           | 00:37.28                 |           |
|                                                    | . . . . . | . . . . . | . . . . . | . . . . .                          | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 13: 200M BACKSTROKE MEN 13+       |           |           |           |                                    |           |           | Heat:2, starttime: 16:05 |           |
|-------------------------------------------------|-----------|-----------|-----------|------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 2/3    Lane : 5    Athlete: WILLEM ARTHUR |           |           |           |                                    |           |           | Q-time: 02:23:05         |           |
| PB (25m pool): 02:23.05    Aarschot 26/04/2026  |           |           |           | PB (50m pool): 02:23.78SB: no time |           |           |                          |           |
|                                                 | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                              | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                              |           | 00:32.48  |           | 01:08.90                           |           | 01:46.79  |                          | 02:23.05  |
|                                                 | 00:32.48  |           | 00:36.42  |                                    | 00:37.89  |           | 00:36.26                 |           |
|                                                 | . . . . . | . . . . . | . . . . . | . . . . .                          | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 13: 200M BACKSTROKE MEN 13+    |           |           |           |                                    |           |           | Heat:3, starttime: 16:08 |           |
|----------------------------------------------|-----------|-----------|-----------|------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 3/3    Lane : 4    Athlete: RAES DRIES |           |           |           |                                    |           |           | Q-time: 02:11:33         |           |
| PB (25m pool): 02:11.33    Gent 09/11/2025   |           |           |           | PB (50m pool): 02:15.76SB: no time |           |           |                          |           |
|                                              | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                              | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                           |           | 00:30.26  |           | 01:03.69                           |           | 01:37.91  |                          | 02:11.33  |
|                                              | 00:30.26  |           | 00:33.43  |                                    | 00:34.22  |           | 00:33.42                 |           |
|                                              | . . . . . | . . . . . | . . . . . | . . . . .                          | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 14: 400M FREESTYLE WOMEN 13+      |          |          |          |                                    |          |          | Heat:2, starttime: 16:17 |          |
|-------------------------------------------------|----------|----------|----------|------------------------------------|----------|----------|--------------------------|----------|
| Heat: 2/4    Lane : 1    Athlete: DEVUE ROSALIE |          |          |          |                                    |          |          | Q-time: 05:04:62         |          |
| PB (25m pool): 05:04.62    Aarschot 26/04/2026  |          |          |          | PB (50m pool): 05:15.55SB: no time |          |          |                          |          |
|                                                 | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M                            | 1 2 5 M  | 1 5 0 M  | 1 7 5 M                  | 2 0 0 M  |
| PB                                              |          | 00:33.82 |          | 01:12.36                           |          | 01:51.58 |                          | 02:31.18 |
|                                                 | 00:33.82 |          | 00:38.54 |                                    | 00:39.22 |          | 00:39.60                 |          |
|                                                 | .....    | .....    | .....    | .....                              | .....    | .....    | .....                    | .....    |
|                                                 | 2 2 5 M  | 2 5 0 M  | 2 7 5 M  | 3 0 0                              | 3 2 5    | 3 5 0    | 3 7 5                    | 4 0 0 M  |
| PB                                              |          | 03:10.73 |          | 03:50.18                           |          | 04:29.16 |                          | 05:04.62 |
|                                                 | 00:39.55 |          | 00:39.45 |                                    | 00:38.98 |          | 00:35.46                 |          |
|                                                 | .....    | .....    | .....    | .....                              | .....    | .....    | .....                    | .....    |

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| Event number: 14: 400M FREESTYLE WOMEN 13+     |          |          |          |                                    |         |         | Heat:2, starttime: 16:17 |          |
|------------------------------------------------|----------|----------|----------|------------------------------------|---------|---------|--------------------------|----------|
| Heat: 2/4    Lane : 5    Athlete: GERARD CARYS |          |          |          |                                    |         |         | Q-time: 05:02:65         |          |
| PB (25m pool): 05:02.65    Aarschot 29/03/2026 |          |          |          | PB (50m pool): 05:21.16SB: no time |         |         |                          |          |
|                                                | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M                            | 1 2 5 M | 1 5 0 M | 1 7 5 M                  | 2 0 0 M  |
| PB                                             |          | 00:33.77 |          | 01:12.09                           |         | no time |                          | 02:28.95 |
|                                                | 00:33.77 |          | 00:38.32 |                                    |         |         |                          |          |
|                                                | .....    | .....    | .....    | .....                              | .....   | .....   | .....                    | .....    |
|                                                | 2 2 5 M  | 2 5 0 M  | 2 7 5 M  | 3 0 0                              | 3 2 5   | 3 5 0   | 3 7 5                    | 4 0 0 M  |
| PB                                             |          | no time  |          | no time                            |         | no time |                          | 05:02.65 |
|                                                |          |          |          |                                    |         |         |                          |          |
|                                                | .....    | .....    | .....    | .....                              | .....   | .....   | .....                    | .....    |

Coach feedback:

| Event number: 14: 400M FREESTYLE WOMEN 13+      |          |          |          |                                    |          |          | Heat:4, starttime: 16:28 |          |
|-------------------------------------------------|----------|----------|----------|------------------------------------|----------|----------|--------------------------|----------|
| Heat: 4/4    Lane : 3    Athlete: MEYER THYRVI  |          |          |          |                                    |          |          | Q-time: 04:37:83         |          |
| PB (25m pool): 04:37.83    LEUVEN    23/11/2025 |          |          |          | PB (50m pool): 04:44.69SB: no time |          |          |                          |          |
|                                                 | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M                            | 1 2 5 M  | 1 5 0 M  | 1 7 5 M                  | 2 0 0 M  |
| PB                                              |          | 00:31.60 |          | 01:06.11                           |          | 01:41.28 |                          | 02:16.77 |
|                                                 | 00:31.60 |          | 00:34.51 |                                    | 00:35.17 |          | 00:35.49                 |          |
|                                                 | .....    | .....    | .....    | .....                              | .....    | .....    | .....                    | .....    |
|                                                 | 2 2 5 M  | 2 5 0 M  | 2 7 5 M  | 3 0 0                              | 3 2 5    | 3 5 0    | 3 7 5                    | 4 0 0 M  |
| PB                                              |          | 02:52.58 |          | 03:28.37                           |          | 04:03.57 |                          | 04:37.83 |
|                                                 | 00:35.81 |          | 00:35.79 |                                    | 00:35.20 |          | 00:34.26                 |          |
|                                                 | .....    | .....    | .....    | .....                              | .....    | .....    | .....                    | .....    |

Coach feedback:

| Event number: 15: 50M BUTTERFLY MEN 11+             |           |  |           |  |  |  | Heat:5, starttime: 16:39            |  |
|-----------------------------------------------------|-----------|--|-----------|--|--|--|-------------------------------------|--|
| Heat: 5/10    Lane : 3    Athlete: VANHELMONT DANTE |           |  |           |  |  |  | Q-time: 00:29:82                    |  |
| PB (25m pool): 00:29.82    Herentals 09/05/2026     |           |  |           |  |  |  | PB (50m pool): 00:30.46 SB: no time |  |
|                                                     | 2 5 M     |  | 5 0 M     |  |  |  |                                     |  |
| PB                                                  |           |  | 00:29.82  |  |  |  |                                     |  |
|                                                     |           |  | 00:29.82  |  |  |  |                                     |  |
|                                                     | . . . . . |  | . . . . . |  |  |  |                                     |  |

Coach feedback:

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| Event number: 15: 50M BUTTERFLY MEN 11+                                                        |           |           | Heat:6, starttime: 16:40 |
|------------------------------------------------------------------------------------------------|-----------|-----------|--------------------------|
| Heat: 6/10 Lane : 8 Athlete: ASSCHERICKX SEBASTIAAN                                            |           |           | Q-time: 00:29:50         |
| PB (25m pool): 00:29.50 Sportoase De Watermolen 21/07/2026 PB (50m pool): 00:29.82 SB: no time |           |           |                          |
|                                                                                                | 2 5 M     | 5 0 M     |                          |
| PB                                                                                             |           | 00:29.50  |                          |
|                                                                                                |           | 00:29.50  |                          |
|                                                                                                | . . . . . | . . . . . |                          |

Coach feedback:

| Event number: 15: 50M BUTTERFLY MEN 11+                                         |           |           | Heat:7, starttime: 16:41 |
|---------------------------------------------------------------------------------|-----------|-----------|--------------------------|
| Heat: 7/10 Lane : 8 Athlete: VETS WANNES                                        |           |           | Q-time: 00:28:96         |
| PB (25m pool): 00:28.96 Aarschot 26/04/2026 PB (50m pool): 00:29.75 SB: no time |           |           |                          |
|                                                                                 | 2 5 M     | 5 0 M     |                          |
| PB                                                                              |           | 00:28.96  |                          |
|                                                                                 |           | 00:28.96  |                          |
|                                                                                 | . . . . . | . . . . . |                          |

Coach feedback:

| Event number: 15: 50M BUTTERFLY MEN 11+                                          |           |           | Heat:8, starttime: 16:42 |
|----------------------------------------------------------------------------------|-----------|-----------|--------------------------|
| Heat: 8/10 Lane : 1 Athlete: VOET LARS                                           |           |           | Q-time: 00:28:27         |
| PB (25m pool): 00:28.50 Herentals 09/05/2026 PB (50m pool): 00:28.27 SB: no time |           |           |                          |
|                                                                                  | 2 5 M     | 5 0 M     |                          |
| PB                                                                               |           | 00:28.50  |                          |
|                                                                                  |           | 00:28.50  |                          |
|                                                                                  | . . . . . | . . . . . |                          |

Coach feedback:

| Event number: 15: 50M BUTTERFLY MEN 11+                                       |           |           | Heat:8, starttime: 16:42 |
|-------------------------------------------------------------------------------|-----------|-----------|--------------------------|
| Heat: 8/10 Lane : 8 Athlete: RAES DRIES                                       |           |           | Q-time: 00:28:44         |
| PB (25m pool): 00:28.44 Leuven 12/10/2025 PB (50m pool): 00:28.94 SB: no time |           |           |                          |
|                                                                               | 2 5 M     | 5 0 M     |                          |
| PB                                                                            |           | 00:28.44  |                          |
|                                                                               |           | 00:28.44  |                          |
|                                                                               | . . . . . | . . . . . |                          |

Coach feedback:

# PL VLB & B 26: Session: 2: COACH evaluation sheet for TEAM: KAZS

| Event number: 15: 50M BUTTERFLY MEN 11+   |       |          | Heat:9, starttime: 16:43            |
|-------------------------------------------|-------|----------|-------------------------------------|
| Heat: 9/10 Lane : 2 Athlete: DE WITTE LEO |       |          | Q-time: 00:27:56                    |
| PB (25m pool): 00:28.63 Leuven 12/10/2025 |       |          | PB (50m pool): 00:27.56 SB: no time |
|                                           | 2 5 M | 5 0 M    |                                     |
| PB                                        |       | 00:28.63 |                                     |
|                                           |       | 00:28.63 |                                     |
|                                           | ..... | .....    |                                     |

Coach feedback:

| Event number: 15: 50M BUTTERFLY MEN 11+     |       |          | Heat:10, starttime: 16:44           |
|---------------------------------------------|-------|----------|-------------------------------------|
| Heat: 10/10 Lane : 8 Athlete: DELEN KOBE    |       |          | Q-time: 00:26:79                    |
| PB (25m pool): 00:26.79 Aarschot 27/07/2026 |       |          | PB (50m pool): 00:26.80 SB: no time |
|                                             | 2 5 M | 5 0 M    |                                     |
| PB                                          |       | 00:26.79 |                                     |
|                                             |       | 00:26.79 |                                     |
|                                             | ..... | .....    |                                     |

Coach feedback:

| Event number: 16: 50M BACKSTROKE WOMEN 13+ |       |          | Heat:2, starttime: 16:46            |
|--------------------------------------------|-------|----------|-------------------------------------|
| Heat: 2/7 Lane : 2 Athlete: DEVUE ROSALIE  |       |          | Q-time: 00:36:80                    |
| PB (25m pool): 00:36.80 Leuven 12/10/2025  |       |          | PB (50m pool): 00:38.32 SB: no time |
|                                            | 2 5 M | 5 0 M    |                                     |
| PB                                         |       | 00:36.80 |                                     |
|                                            |       | 00:36.80 |                                     |
|                                            | ..... | .....    |                                     |

Coach feedback:

| Event number: 16: 50M BACKSTROKE WOMEN 13+   |       |          | Heat:2, starttime: 16:46            |
|----------------------------------------------|-------|----------|-------------------------------------|
| Heat: 2/7 Lane : 3 Athlete: VANSINA ELLE     |       |          | Q-time: 00:36:52                    |
| PB (25m pool): 00:36.52 Herentals 09/05/2026 |       |          | PB (50m pool): 00:37.42 SB: no time |
|                                              | 2 5 M | 5 0 M    |                                     |
| PB                                           |       | 00:36.52 |                                     |
|                                              |       | 00:36.52 |                                     |
|                                              | ..... | .....    |                                     |

Coach feedback:

# PL VLB & B 26: Session: 2: COACH evaluation sheet for TEAM: KAZS

| Event number: 16: 50M BACKSTROKE WOMEN 13+   |       |          | Heat:2, starttime: 16:46            |
|----------------------------------------------|-------|----------|-------------------------------------|
| Heat: 2/7 Lane : 6 Athlete: LEMBRECHTS SIEN  |       |          | Q-time: 00:36:76                    |
| PB (25m pool): 00:36.76 Herentals 09/05/2026 |       |          | PB (50m pool): 00:37.92 SB: no time |
|                                              | 2 5 M | 5 0 M    |                                     |
| PB                                           |       | 00:36.76 |                                     |
|                                              |       | 00:36.76 |                                     |
|                                              | ..... | .....    |                                     |

Coach feedback:

| Event number: 16: 50M BACKSTROKE WOMEN 13+ |       |          | Heat:3, starttime: 16:47            |
|--------------------------------------------|-------|----------|-------------------------------------|
| Heat: 3/7 Lane : 2 Athlete: SILVERANS MILA |       |          | Q-time: 00:35:50                    |
| PB (25m pool): 00:35.50 Meise 14/09/2025   |       |          | PB (50m pool): 00:34.92 SB: no time |
|                                            | 2 5 M | 5 0 M    |                                     |
| PB                                         |       | 00:35.50 |                                     |
|                                            |       | 00:35.50 |                                     |
|                                            | ..... | .....    |                                     |

Coach feedback:

| Event number: 16: 50M BACKSTROKE WOMEN 13+ |       |          | Heat:4, starttime: 16:49            |
|--------------------------------------------|-------|----------|-------------------------------------|
| Heat: 4/7 Lane : 5 Athlete: WOUTERS STIEN  |       |          | Q-time: 00:34:18                    |
| PB (25m pool): 00:34.18 Leuven 12/10/2025  |       |          | PB (50m pool): 00:34.72 SB: no time |
|                                            | 2 5 M | 5 0 M    |                                     |
| PB                                         |       | 00:34.18 |                                     |
|                                            |       | 00:34.18 |                                     |
|                                            | ..... | .....    |                                     |

Coach feedback:

| Event number: 16: 50M BACKSTROKE WOMEN 13+    |       |          | Heat:6, starttime: 16:51            |
|-----------------------------------------------|-------|----------|-------------------------------------|
| Heat: 6/7 Lane : 6 Athlete: ASSCHERICKX CHLOé |       |          | Q-time: 00:32:77                    |
| PB (25m pool): 00:32.77 LEUVEN 23/11/2025     |       |          | PB (50m pool): 00:34.38 SB: no time |
|                                               | 2 5 M | 5 0 M    |                                     |
| PB                                            |       | 00:32.77 |                                     |
|                                               |       | 00:32.77 |                                     |
|                                               | ..... | .....    |                                     |

Coach feedback:

# PL VLB & B 26: Session: 2: COACH evaluation sheet for TEAM: KAZS

| Event number: 16: 50M BACKSTROKE WOMEN 13+ |          |          |  | Heat:6, starttime: 16:51            |
|--------------------------------------------|----------|----------|--|-------------------------------------|
| Heat: 6/7 Lane : 8 Athlete: GYPEN KAAT     |          |          |  | Q-time: 00:33:48                    |
| PB (25m pool): 00:33.47 LEUVEN 24/11/2024  |          |          |  | PB (50m pool): 00:34.50 SB: no time |
|                                            | 2 5 M    | 5 0 M    |  |                                     |
| PB                                         |          | 00:33.47 |  |                                     |
|                                            | 00:33.47 |          |  |                                     |
|                                            | .....    | .....    |  |                                     |

Coach feedback:

| Event number: 16: 50M BACKSTROKE WOMEN 13+               |          |          |  | Heat:7, starttime: 16:52            |
|----------------------------------------------------------|----------|----------|--|-------------------------------------|
| Heat: 7/7 Lane : 5 Athlete: WOUTERS BRIANA               |          |          |  | Q-time: 00:29:88                    |
| PB (25m pool): 00:29.75 Gent(Sint-Amandsberg) 11/11/2024 |          |          |  | PB (50m pool): 00:30.90 SB: no time |
|                                                          | 2 5 M    | 5 0 M    |  |                                     |
| PB                                                       |          | 00:29.75 |  |                                     |
|                                                          | 00:29.75 |          |  |                                     |
|                                                          | .....    | .....    |  |                                     |

Coach feedback:

| Event number: 17: 4x50M FREESTYLE MEN 11+   |       |       |                |       |       |       | Heat:3, starttime: 17:23 |         |
|---------------------------------------------|-------|-------|----------------|-------|-------|-------|--------------------------|---------|
| Heat: 3/3    Lane : 3    Athlete: TEAM KAZS |       |       |                |       |       |       | Q-time: 01:42:28         |         |
| PB (25m pool):                              |       |       | PB (50m pool): |       | SB:   |       |                          |         |
|                                             | 2 5 M | 5 0 M | 7 5 M          | 1 0 0 | 1 2 5 | 1 5 0 | 1 7 5                    | 2 0 0 M |
| PB                                          |       |       |                |       |       |       |                          |         |
|                                             |       |       |                |       |       |       |                          |         |
|                                             | ..... | ..... | .....          | ..... | ..... | ..... | .....                    | .....   |

Coach feedback:

| Event number: 18: 4x50M FREESTYLE WOMEN 11+ |       |       |                |       |       |       | Heat:3, starttime: 17:31 |         |
|---------------------------------------------|-------|-------|----------------|-------|-------|-------|--------------------------|---------|
| Heat: 3/3    Lane : 5    Athlete: TEAM KAZS |       |       |                |       |       |       | Q-time: 01:52:81         |         |
| PB (25m pool):                              |       |       | PB (50m pool): |       | SB:   |       |                          |         |
|                                             | 2 5 M | 5 0 M | 7 5 M          | 1 0 0 | 1 2 5 | 1 5 0 | 1 7 5                    | 2 0 0 M |
| PB                                          |       |       |                |       |       |       |                          |         |
|                                             |       |       |                |       |       |       |                          |         |
|                                             | ..... | ..... | .....          | ..... | ..... | ..... | .....                    | .....   |

Coach feedback: